



**Option 1: One Hormone Medication
\$150 Monthly**

Medication Included: Injectable Testosterone and syringes OR Oral Progesterone Capsules

Labs Included: CBC, CMP, Testosterone, Estradiol, Progesterone, and a quarterly SHBG OR any labs ordered by the provider. **Any additions added by the patient will be an extra fee.**

Appointment(s): There will be labs and follow up every 3 to 6 months. These appointments will be included within the monthly. There will be a patient portal you will have access to. This can be used for brief discussion points (slight symptoms, injection questions, etc.). If messages become too detailed you will need an appointment to make sure we are establishing the best care possible and to ensure the information does not get lost within portal messages.

Any additional appointments will be an out of pocket cost at \$75.

Excluded:

Additional Labs: requested by the patient.

Additional Medications: peptides, supplements, progesterone cream/suppositories, etc. Additional Appointments: Any appointments outside of the original follow ups.



**Option 2: Two Hormone Medications
\$200 Monthly**

Medication Included: 1 . Injectable Testosterone, Oral Progesterone Capsules, and syringes
2. Oral Progesterone Capsules, Injectable Estradiol, and syringes

Labs Included: CBC, CMP, Testosterone, Estradiol, Progesterone and a quarterly SHBG OR any labs ordered by the provider. **Any additions added by the patient will be an extra fee.**

Appointment(s): There will be labs and follow up every 3 to 6 months. These appointments will be included within the monthly. There will be a patient portal you will have access to. This can be used for brief discussion points (slight symptoms, injection questions, etc.). If messages become too detailed you will need an appointment to make sure we are establishing the best care possible and to ensure the information does not get lost within portal messages.

Any additional appointments will be an out of pocket cost at \$75.

Excluded:

Additional Labs: requested by the patient.

Additional Medications: peptides, supplements, progesterone cream/suppositories, etc.

Additional Appointments: Any appointments outside of the original follow ups.



**Option 3: Three Hormone Medication
\$250 Monthly**

Medication Included: Injectable Testosterone and syringes, Oral Progesterone Capsules, and injectable Estrogen

Labs Included: CBC, CMP, Testosterone, Estradiol, Progesterone, and a quarterly SHBG OR any labs ordered by the provider. **Any additions added by the patient will be an extra fee.**

Appointment(s): There will be labs and follow up every 3 to 6 months. These appointments will be included within the monthly. There will be a patient portal you will have access to. This can be used for brief discussion points (slight symptoms, injection questions, etc.). If messages become too detailed you will need an appointment to make sure we are establishing the best care possible and to ensure the information does not get lost within portal messages.

Any additional appointments will be an out of pocket cost at \$75.

Excluded:

Additional Labs: requested by the patient.

Additional Medications: peptides, supplements, progesterone cream/suppositories, etc. Additional Appointments: Any appointments outside of the original follow ups.